Printable Ring Sizer

For accuracy, please ensure that PDF is printed at 100%

Option 1: If you don’t have a ring

- Print and carefully cut out our paper ring sizer below.
- Cut along "Cut slit" to make a slit.
- Slip the pointed end through the slit and place around your finger.
- Pull the pointed end so it slides to a snug fit.
- Tip: Do not wrap the paper too tight. Aim for a comfortable, snug fit.
- Tip: For the most accuracy, have someone help you measure.
- Double check for accuracy.
- Alternatively, you may use a small piece of string, thread or ribbon.

Option 2: If you do have a ring

- Print our chart of ring size circles on the right.
- Find a ring that your loved one currently wears.
- Make sure he or she wears that ring on the finger you are shopping for.
- Place the ring on top of each circle until you find a perfect match.
- The match should perfectly fit the inside of the ring.
- Double check for accuracy.

Zales.com Return & Exchange Policy

We will gladly accept the exchange or return of a ring purchased and sized from our online store, however rings re-sized at a Zales store location, another retailer or independent jeweler will not be accepted for a refund or exchange online.

Additionally, rings purchased and sized at a Zales store location can only be exchanged or returned for re-sizing at a Zales store location. We cannot accept store transactions through our online store.

If the width of a credit card matches this outline, your print scale is correct.